



Club number 18290 / District 9790

Volume 63

Number 15

Meeting Date : 3 October 2016

PRESIDENT : Ruth Byers

SECRETARY : Ron Halicki

TREASURER : Dimitra Giannopoulos



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Secretary Ron 0428 674 006

Our Invocation:

For good food, good fellowship and the opportunity to serve through Rotary we give thanks.

UPCOMING PROGRAM :

Meeting date	10 October 6.30 for 7pm	17 October 6.30 for 7pm	24 October 6.30 for 7pm
Venue		GO TAFE	GO TAFE
Time	6.30pm for 7pm	6.30pm for 7pm	6.30pm for 7pm
Chairman		Bryan Tehan	Catriona Jarman
Cashiers		Ron Haliki & Jane Challis	Marlene Campbell & Alison Hall
Greeter		Fred Sartori	Sue Goette
Invocation		Michael Schulz	Gary Doherty
Toast		Viv Beaumont	Jane Challis
Program	Social night at Taylan's. Details below	Superheroes Vocation Visit. Seymour Fitness & Youth Centre	District Governor Visit

Regalia & Room Set Up		Marti Raby	Mark Dossor
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If you are unable to fulfill your task please arrange someone else to do so. Meeting apologies and guests, please contact Ralph Baker on 0402 468 258 or email mariambaker@bigpond.com by midday Friday prior to meeting.

Next week's social evening will take place at Taylan's Seven Hills farm at 160 Stotts Road, Tallarook. Taylan will cater a delicious meal for us and take us on a short tour of his farm. The cost for the evening will be the same as our usual meetings, \$25.00. BYO drinks. A bus will leave the GoTafe carpark at 6.15pm at the cost of \$5.00 per head. Please get your numbers to Ralph Baker by midday on Thursday.

OCTOBER IS ECONOMIC AND COMMUNITY DEVELOPMENT MONTH.



WEEKLY
ANNOUNCEMENTS

FROM OUR PRESIDENT, COMMITTEE CHAIRS and ROTARIANS

President Ruth Byers commenced our meeting inviting **Fred Sartori** to deliver the invocation. **Dimitra Giannopoulos** provided the toast including toasting the Rotary Club of Malta which is one of 91 Maltese Rotary Clubs. The Club has contributed 4 District Governors.

Ruth advised of the following fundraisers, Karingal High Tea on 26 October, The Milawa/Oxley club 'Putting on The Ritz' event on 28 October and the Seymour Performers Workshop Entertainment Trivia night [see Ruth for details]

The meeting was handed to our Chairman **Ron Halicki** who took the opportunity to deliver his secretary report announcing the following:

- Lift the lid on mental health Cocktail Party 7 October, Southern Mitchell.
- Copies of district newsletter 'Seeds' were available
- The Rotary Foundation turns 100 this year.

Service projects chair Tony Lee thanked all for their involvement in the Seymour Show gate work over the weekend.

Treasurer Dimitra Giannopoulos advised that the wheel jackpot was \$780.00

Public Relations chair Marlene Campbell informed us of the super hero article in last week's Telegraph and that **Catriona** and **Greg** conducted our radio show today discussing Super Heroes, the Christmas raffle and The Ladies Day Out. **Marlene** also informed us that **Mary Greenshields** was still battling a little following her car accident. [Members please note that Mary may need assistance to get to meetings]

Mark Dossor advised that we would again be participating in the Seymour Market on 16 October. If you have anything to donate please contact Mark to arrange pickup.

Jane Challis and **Liz Derricks** presented a report on their recent RLI participation. Both were enthusiastic in the appraisal and recommended participation.

On behalf of the AG Society, **Bryan Tehan** thanked the Club for work on the Seymour Show gates.

Membership Chair Hugh Lawrence presented the following thought provoking piece :

When we're speaking about Rotary to prospective and existing members, often we talk about the value of giving back to the community and making the world a better place. But have you ever considered discussing the personal health benefits? A new factsheet from volunteering Australia¹ might help you do just that. Drawing on existing research, Volunteering Australia has compiled some important facts about volunteering and happiness:

- Volunteers are happier, healthier and sleep better than those who don't volunteer
- 96% of volunteers say it "makes people happier"
- 95% of volunteers say that volunteering is related to feelings of wellbeing
- Volunteering results in a 'helpers' high', a powerful physical and emotional feeling experienced when directly helping others
- Just a few hours of volunteer work make a difference in happiness and mood
- Sustained volunteering is associated with better mental health
- Altruistic emotions and behaviors are associated with greater wellbeing, health and longevity
- A strong correlation exists between the wellbeing, happiness, health and longevity of people who are emotionally kind and compassionate in their charitable helping activities

The experience of helping others provides meaning, a sense of self-worth, a social role and health enhancement

- Volunteering is highly associated with greater health and happiness. So next time you're discussing the benefits of Rotary, don't forget to mention that volunteering, happiness and a long life go hand in hand.

Don't worry. Be happy. Join Rotary.

ROTARY SEYMOUR WEEKLY LUCKY WHEEL

Liz Derricks was the lucky spinner this week, looking for the \$780 jackpot he walked away with \$5.00 cash.

As tonight's meeting was a club assembly and therefore restricted to Club members the matters raised will not be reported. If you were unable to attend and would like information on the content please speak to President Ruth.

President Ruth delivered a 3 month progress report:



In the first 3 months we have achieved a great deal.

In our service and community areas, we have done 2 adopt a roads, held our inaugural wine appreciation, conducted another successful trivia night, ran 3 successful lunch on the rivers for our more senior residents of our community, we have attended the Seymour community market for the first time and have just done the show gates for the 3rd time. During these events a lot of our members have been involved at some point. So thank you.

Our Youth and Vocation directors have been busy. They conducted the hugely successful mock interviews and careers display. Fiona has been successful in obtaining a RYLA nominee and we are having our first vocation visit next week at Taylan's Seven Hills Goat farm. The following week we will be going to the Seymour Youth & Fitness Centre.

On club admin we are updating our registers on WWC, Food handlers and RSA's. Please continue to let Mariam know if you complete any of these.

On membership, as you all would be aware we lost 11 members by the end of the last rotary year, 5 of which were due to members moving, passing away or health concerns. The other 6 had not attended either meetings or service work in a very long time so have not necessarily been missed, but is reflected in our club numbers. This shows how quickly our numbers can change and how vital it is to remain active in introducing new members to the club. We have also received 2 resignations in the last week and a half, both of whom will be missed and announced after our next board meeting and have another member relocating to a new club in December. So with dwindling numbers we need like-minded individuals who want to help communities here and abroad. People who would be interested in joining a great bunch of people to improve the society we live in either by raising money to help programs be run or by offering service hours to help where needed. So please put on your thinking caps and ask, just ask if you know anyone who you think would benefit from a Rotary experience.

Our Public relations is ticking along nicely, with our regular spot on the radio once a month and articles in the paper. The face book page and website are updated regularly, so please go online and check them out.

The programme has been varied and hopefully enjoyable, we are aiming to have 1 fun night a month and highlight one rotary programme a month. Please remember we are all individuals with different likes and interests, not everyone will enjoy all the guest speakers. If you all enjoy some speakers and programmes then we have done ok then.

The upcoming events are of course TOTG, another market stall, our Christmas raffle, our ladies day out and a shake the can over the Melbourne cup long weekend. So please put some time aside to help where you can.

My goals for this year is to celebrate our foundation charity and to donate the equivalent of \$26.50 per person which equals the first donation ever made 100 years ago, to retain and increase our membership, to be active within the youth portfolio, provide great PR and to work smarter not harder on service work. We have made a good start in most areas, so in finishing my report, I wish to thank you all for what you have done so far this year, ask you to continue to support the club and to continue to make our club the envy of the district.

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What's Happening

13th October - Board Meeting
15th October - Tastes of the Goulburn
15th October - Euroa's 70th anniversary dinner
16th October - Seymour Market Trash & Treasure stall
16th to 19th March 2017 - District Conference. Shepparton.

Pics from around our Assembly



Martin Raby
and Dimitra
Giannopoulos



Fiona McCarthy
poses for us.



Tony Lee does
not like
zucchini



Ian Chadwick and
Paulette Andrews



Alison Hall and
Catriona Jarman

Lessons in Rotary

What are the Rotary 6 Areas of Focus ? –

This week we look at the third, WATER & SANIATION.



More than 2.5 billion people lack access to adequate sanitation facilities. At least 3000 children die each day from diarrhoeal diseases caused by unsafe water. Our projects give communities the ability to develop and maintain sustainable water and sanitation systems and support studies related to water and sanitation.



Sergeant Hugh opened his session by fining all who reached for their bags or wallets. They must be guilty and therefore should contribute to the kitty. Catriona didn't want to work with Hugh at the Show gates because she would be fined so she was. Greg with a hat on backwards and Fred with an inside out flouro vest were fined for their confused attire. Taking a risk Hugh fined Dimitra was fined for her work in a mafia staff car and after the problems with the dog owners at the Show all dog owners paid the penalty. After berating all to charge correctly at the gates Bryan was fined for refunding a fee because 'she only had rabbits'. Assorted crossfines were collected from the FlashER Mark, Bryan for all things in 3's, Ruth for inviting Michael to a Sunday night meeting, and Hugh for not fining Alan for going fishing. \$39.00 was raised.

For your enjoyment, this weeks lexophilia :
[yep, I still enjoy them and I'm still the Bulletin editor]
If you don't pay your exorcist, you get repossessed.



A weekly segment when hopefully we get to know our members a little better. This week I asked Rotarian Marlene Campbell a few questions. Here are her responses :

Where were you born ? – **Bendigo**

How long have you lived in Seymour ? - **25 years**

What is your favourite cuisine ? - **Seafood**

If you cook what is your favourite recipe ? – **Not much of a cook these days**

What is your favourite movie ? – **Steel Magnolias**

Do you have a nickname ? - **No**

What is your favourite TV show ? – **Downton Abbey**

Do you have any hobbies ? - **Reading, sewing and knitting**

What is your favourite holiday destination? – **Anywhere there is an ocean view**

Favourite footy team, if any ? – **None**

Favourite colour ? – **Aquamarine / Teal**

Do you have a hero you look up to ? - **No**

Tell us something we don't know about you. – **I went to primary school with the late Graeme "Shirley" Strachan lead singer for 70's band Skyhooks**

Support the seymour youth & fitness centre and become a superhero today



Thor
Gary Doherty



The Flash
Mark Dossor



Super Hero Barbie
Mardi Jarvis



Zorro
Fred Sartori



Elsa Frozen Princess
Julie Schulz



PO Dragon Warrior
Greg Byers



Iron Man
Ron Halicki



Wonder Woman
Dimitra Giannopoulos



Lady Penelope
Catriona Jarman



Scooby Doo
Ian Chadwick



The Shadow
Tony Woodhouse



Catwoman
Sharon Anderson Warne



Tigress
Ruth Byers



Rubberman
David Freeman



The Invisible Man
Vivian Beaumont



Aqua Man
John Keeffe



The Lone Ranger
Jim Peart



Eddie McGuire
Bryan Tehan



Dispicable Me
Michael Schulz



Spiderman
Tony Lee



Hawkeye
Dave Palmer

**Thank you Seymour Rotarians for your support of this activity
along with 20 other community supporters.
Please see Greg Byers to add your own superhero.**

PRESIDENT : Ruth Byers PRESIDENT ELECT : Ron Halicki
SECRETARY : Ron Halicki TREASURER : Dimitra Giannopoulos
IMMEDIATE PAST PRESIDENT : Mark Dossor

CLUB ADMINISTRATION :

Director – Mariam Baker

Bulletin – Mark Dossor

Sergeant At Arms – Hugh Lawrence

Attendance – Ralph Baker

Family of Rotary – Marlene Campbell and Ian Chadwick

Youth Protection Officer – Grace Grieve

Assistant Editor – Ralph Baker

Corporal – Liz Derricks

Program – Sharon Anderson Warne

Catering – Ruth Byers and Mariam Baker

Club Historians – Don Wilson, Mary Greenshields,
Bob Collins and Bryan Tehan

VOCATION :

Director – Paulette Andrews

Committee – Alison Hall, Julie Schulz and
Fred Sartori

YOUTH :

Director – Fiona McCarthy

Committee – Jane Challis and Kevin Falkenbach

MEMBERSHIP :

Director – Hugh Lawrence

Committee – Mardi Jarvis and Martin Raby

COMMUNITY SERVICE :

Director – Greg Byers / Deputy – David Freeman

Committee – Alan Walton, Michael Schulz,
Mary Greenshields, Heath Munari and Dean Saitta

INTERNATIONAL :

Director – Sue Goette

Committee – Liz Derricks, Don Wilson
and Viv Beaumont

PUBLIC RELATIONS :

DIRECTOR : Marlene Campbell

Committee – Catriona Jarman and Ralph Baker
Radio – Catriona Jarman, Ralph Baker and Ray
Brown

Facebook – Mardi Jarvis

Website – Julie Schulz

Club photographer – Jane Challis

FOUNDATION :

Director – John Keeffe

Committee – Gary Doherty, Bob Hogan
and Grace Grieve

SERVICE PROJECTS :

Director – Tony Lee/Deputy - Mark Dossor

Committee - Taylan Atar, Tony Woodhouse,
Ian Chadwick, Dave Palmer, Matt Taylor and
Garnett Bailey.

OTHER POSITIONS :

Social Coordinator – Martin Raby

Community Liaison Officer - John Keeffe

Conference Coordinator – Ruth Byers

Club Trainer – Catriona Jarman and Mark Dossor

Shed / Property – Tony Woodhouse and Matt Taylor

Rotary Park– Tony Woodhouse

SPECIAL PROJECTS / HELPERS – Jim Peart, Bruce Hall and Fiona Stevens

District Governor: Tony Bramley, Rotary Club of Greensborough Central

Assistant Governor: Anne Reid, Rotary Club of Alexandra

World President: John F. Germ Rotary Club of Chattanooga USA.